



# ASA/UKCC Level 1 Certificate for Teaching Aquatics

## Course Information Sheet

### Description

This qualification is aimed at those interested in supporting the teaching programme in a learn to swim environment utilising the ASA National Plan for Teaching Swimming (NPTS). It is recognised as a UKCC Level 1 qualification and is on the QCF at Level 1.

### Role

The holder of an ASA Level 1 Certificate is qualified to teach in a support role only. You will be able to actively support a more senior qualified or licensed teacher/coach at any level, in the delivery of a pre-prepared session.

### Syllabus

This certificate consists of 7 units. Units 101-104 are common to all disciplines and Units 105-107 are specific to teaching aquatics:

- **Unit 101** – Understanding the FUNdamentals of teaching/coaching sport
- **Unit 102** – Understanding the principles of planning teaching/coaching activities in sport
- **Unit 103** – Understanding how to conclude teaching/coaching activities
- **Unit 104** – Understanding the principles of evaluating coaching/teaching activities in sport
- **Unit 105** – Planning coaching activities
- **Unit 106** – Conducting coaching activities
- **Unit 107** – Evaluating coaching activities

Units can either be taken separately or at the same course. Units 101-104 must be completed prior to progressing to units 105-107.

### Pre-requisites

- Candidates must be at least 16 years of age at the conclusion of the course.
- Be comfortable to swim and participate in the water.

### Recognition of Prior Learning

All of The ASA/UKCC qualifications allow candidates to present evidence of learning either formal or informal that has taken place prior to the course for consideration against the course learning outcomes. Candidates will be asked to complete a questionnaire prior to the course to help identify any areas of prior learning and help the tutor to tailor the course to individual candidates.

### Assessment

- All units are assessed by the tutor/assessor
- Assessment methods are determined by tutor/assessor in conjunction with the candidate
- Completion of an assessment portfolio to meet the Learning Outcomes of the qualification

For further information and course details contact:

Sally Baldwin  
(020) 8429 3905  
enquiry@surviveandsave-training.org